

w e l l n e s s
m e n u



High Beach
hotels collection

high beach white
the villa collection



high beach
RESORT & SPA
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high beach white
the villa collection



high beach
RESORT & SPA



OUR PHILOSOPHY

Come and allow your senses to be taken into a world of opulence, where our treatments take pride in being unbelievably deluxe, sensuous, and tranquil. Leave the well-being of your mind and soul in the trusting hands of our masters of wellness.

FACIAL TREATMENTS

ALOE VERA AFTER SUN WITH ROYAL JELLY

☺ 50'

After a glorious day under the sun, enjoy this soothing treatment that also combats the signs of stress and fatigue with the power of Aloe Vera and Royal Jelly.

HYDRATION WITH WILD ROSE

☺ 50'

An intensive re-hydration facial therapy for dry and dehydrated skin that will nourish your face using the essence of flowers and plants.

BEAUTY IN FUSION

☺ 50'

An "infusion of beauty" made to measure all ages and needs. Choose amongst your elixir of 30 for vitality and luminosity, 40 for firmness and hydration or 50 for density and nutrition.

BALANCING TREATMENT

☺ 30' / 50'

An excellent treatment to balance the skin's pH and reduce oil secretion. It can also be performed on teenage skin.

VITAMIN C FACIAL TREATMENT

☺ 50'

This advanced treatment works to inhibit the action of glycation, one of the main causes of skin aging and is based on pure Vitamin C combined with Ume Extract (tonic).

TIME EXPERT RIDES EYE & LIP CONTOUR

☺ 40'

This treatment is designed specifically to target the eye and lip area with the use of the suction cup technique, and quartz stones. Leave feeling radiant and new after this wonderful ritual activates collagen and elastin which increases skin circulation, treats dark circles, puffiness and fine lines around the eyes. Your skin has never felt so good! Retail product: Tim expert Rides Eye Cream & Mask

BODY WRAPS

MEDITERRANEAN AFTER SUN

✔ 30'

A refreshing and energizing wrap containing Aloe Vera which is deeply regenerating and ideal as an after sun treatment.

SILK TOUCH

✔ 30'

Envelop your skin with precious 'silk' and enjoy a luxurious massage that will hydrate and provide your skin with a satin appearance and a silky touch.

LUXURIOUS GOLD

✔ 30'

Combined with an exquisite massage, this total body envelopment revitalizes the skin and leaves a subtle and gorgeous golden veil shimmer on the body

BODY SCRUBS

PEACH SOFTNESS

✔ 30'

A moisturizing and anti-oxidant exfoliant to leave the skin soft, clean and velvety following a relaxing aromatherapy protocol.

MEDITERRANEAN OLIVE

✔ 30'

Inspired by the Mediterranean land. A therapy that is a true enjoyment due to the aromas and textures of olive.

MARINE EXFOLIATION

✔ 30'

A refreshing body scrub with pearl and olive leaf extract that nourish, soften the skin. Increases the effectiveness of following products.

MASSAGES

FOOT MASSAGE

♥ 30'

Through a specific method of pressure at the appropriate points of the feet, the therapist restores the balance between body and spirit.

BACK, NECK AND SHOULDERS

♥ 30'

It reduces the stress and the strain on the back, neck and shoulders. The almond oil helps in the total muscle relaxation.

HEAVENLY HEAD MASSAGE

♥ 30'

A delightful scalp massage. Experience stress relief, headache relief, improved sleep, scalp health, mental clarity and an overall sense of well-being. Rejuvenate your mind, body and spirit with this blissful treatment.

AROMATHERAPY (MIX OF ESSENTIAL OILS)

♥ 50' | 80'

Essential Oils, especially selected, combined with a rhythmic, relaxing massage technique that relieves tension, restores the senses and offers absolute tranquility.

DEEP TISSUE

♥ 50'

Deep massage with specific pressure techniques, massage and mobilization that relieve muscle tension and stress.

PRENATAL MASSAGE

♥ 50'

A specialized massage for pregnancy, for your comfort and well-being. This inspirational therapy connects mother and child with the strength of contact.

SIGNATURE TREATMENTS

MELTING SENSATION - CANDLE MASSAGE

✔ 50' | 80'

Lay back and unwind while the delicately scented warm drops touch your skin, and envelop your whole body in a velvet textured massage that will satisfy even the most sophisticated massage recipient. Succumb, as the warm oil deeply penetrates the skin's surface, releasing its unique beneficial properties, and its sensuous fragrance seduces the mind. An outstanding, sacramental experience of aromatherapy, relaxation & rejuvenation that promotes bliss, balance and well-being

FIRMING SLIMMING & DETOXIFY TREATMENT

✔ 80'

A treatment that uses a complete range of professional cosmetics with active ingredients which activate the lipolysis process and restructures the supporting issues. The experts use the activity of hot and cold products to reduce excess weight. The mask of the treatment is deeply hydration, firming and detoxify.

Treatment can be used in full body or in specific areas on your choice.





POWERED BY

